

ANNOUNCEMENTS!

Wednesday Evening Class We invite each of you to attend the mid-week Bible Study upstairs on Wednesday evening beginning at 6 p.m. We encourage you to attend these vital and exciting studies!

Church Clean-Up We will regularly have monthly church cleanings on the last Saturday of each month, beginning at 10 a.m. The next cleaning day will be held on October 29, so make plans to attend and help.

Words of Wisdom: JUST A GLASS...

A lecturer was giving a lecture to his student on stress management. He raised a glass of water and asked the audience, "How heavy do you think this glass of water is?"

The students' answers ranged from 20g to 500gm.
"It does not matter on the absolute weight. It depends on how long you hold it. If I hold it for a minute, it is OK. If I hold it for an hour, I will have an ache in my right arm. If I hold it for a day, you will have to call an ambulance. It is the exact same weight, but the longer I hold it, the heavier it becomes."
"If we carry our burdens all the time, sooner or later, we will not be able to carry on, the burden becoming increasingly heavier."

"What you have to do is to put the glass down, rest for a while before holding it up again."
We have to put down the burden periodically, so that we can be refreshed and are able to carry on. So before you return home from work, put the burden of work down. Don't carry it back home. You can pick it up tomorrow.
Whatever burdens you are having now on your shoulders, let it down for a moment if you can. Pick it up again later when you have rested...
Rest and relax. Life is short, enjoy it!!



WORDS TO LIVE BY

Accept that some days you're the pigeon, and some days you're the statue.
Always keep your words soft and sweet, just in case you have to eat them.
Drive carefully. It's not only cars that can be recalled by their maker.
Eat a live toad in the morning and nothing worse will happen to you for the rest of the day.
If you lend someone \$20, and never see that person again, it was probably worth it.
Never buy a car you can't push.

Welcome to the




600 Robert Jemison Road
Birmingham, Alabama 35209-3008
Telephone: (205) 942-2252
Web Site: <http://eccweb.org> E-Mail: Info@eccweb.org

Follow Us:  "The Everlasting Covenant Church", Birmingham, AL
 "THE_ECC2015"

Eric R. Agee, Jr., Pastor
September 25, 2016

VISION STATEMENT

 Enhancing Our Knowledge of Jesus Christ,
Empowering All Believers for Ministry, and
Encouraging Continuous Dedication to the Lord.

